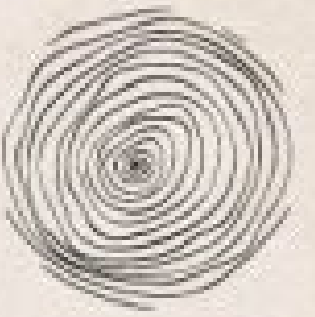




Membership Information

"If you want to go fast, go alone.
If you want to go far, go together."

Welcome to SerVivo



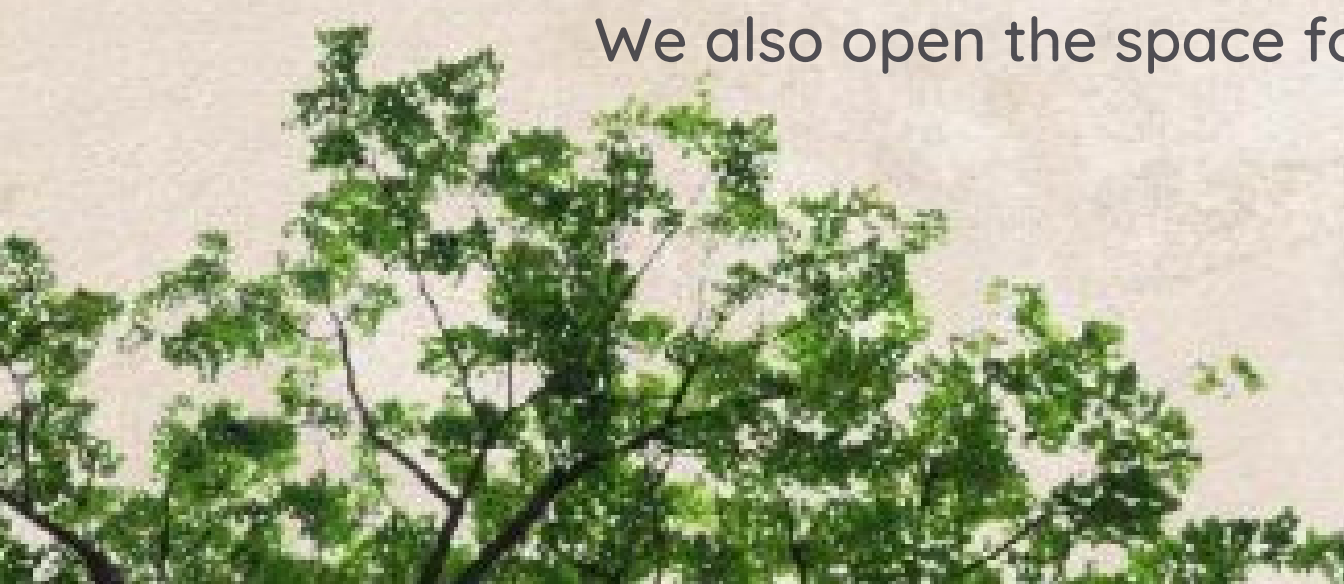
SerVivo is a community for **culture, art and human development**.

We created a space to share our vision with others. A place for community life, retreats, events, classes, therapies and personal processes; supported by the connection to nature.

Located in a valley of the **Natural Park of Arrábida**, we are surrounded by a beautiful landscape. The tranquility and energy brings a sense of peace that allows rest, regeneration and transformation.

Today the **community** consists of 5 core team members and a fluctuating group of volunteers, together maintaining and improving the space. We share time, work, meditation, dance, and many other practices of which we believe will inspire and assist us and others in living a more connected, joyful and love-filled life.

We also open the space for visitors who are interested in experiencing a community life.



Our Vision

SerVivo is a community, which holds space for living and exploring authenticity, connection and joy. We support integral human development, co-creating a global culture of trust and heartfelt connection, inspired by the wisdom of nature.

Our Mission

We aim to realize our vision by promoting individual and collective learning, growth and empowerment through arts, nature and somatic practices.



About the project

In 2001 Margarida Batista and Carlos Fairfield decided to start to inspire people with their art to laugh, think, reflect about themselves and others. This was in the Azores Islands.

After returning to continental Portugal, they developed artistic shows and workshops for and with children. Working with schools and in projects, they felt the need to have their own place and that's how they found the beautiful property where SerVivo is located now. Through a generous offer of the former landlords they managed to rent a part of the land for a fairly low price. They started to involve more people and founded association SerTerra, which was the umbrella organization.

Until 2020 the place was developed with a rather low budget. Since the rental could have ended almost any time, bigger investments did not make much sense. However, the place was upgraded by building a studio , new accommodations and many more improvements.

End 2020 the landlords could not pay back there debt to the bank and, according to Portuguese law, the property went on auction. This jeopardized the continuation of SerVivo on the current property.

More history can be found on the website.



Call to action

In April 2021 the Cooperativa SVDH (SerVivo Desenvolvimento Humano) was founded. As a cooperative, SerVivo managed to buy the property on auction. Thanks to generous people from the community SerVivo's existence was secured.

SerVivo's cooperative took out private loans worth €150.000. With these loans they bought half of the property on auction for €127.500. The other half still belongs to the bank.

The remainder of the loans made it possible to invest in a complete renovation of the studio and countless other improvements like an indoor toilet, new electricity, insulation, more warm water and many other small improvements.

To repay the loans and to share the cooperative with the network, it's been decided to sell shares.

And this is where SerVivo needs you to continue to blossom...



Cooperative SVDH CRL

Servivo is a cooperative now, called SVDH CRL. The cooperative allows to boost the project to another level: more organized and professional level. Foremost, it creates more possibilities to grow with the network of supporters that will get the opportunity to become share holders, parking some money here in exchange for participating more intensely in some management decisions, if wanted.

Cooperatives are businesses driven by values, not just profit. They share internationally agreed principles and act together to build a better world through cooperation, as our vision states (co-creating a culture of trust and heartfull connection). Having fairness, equality and social justice as the core of the enterprise, cooperatives allow people to work together to create sustainable enterprises that generate long-term prosperity: the economic and social benefits of their activity stay in the communities where they are established. Profits generated are either reinvested in the enterprise or returned to the members.



Membership

How to buy shares and become a member?

1. One share has the value of €50.
2. The minimum number of shares required for membership is three. The maximum number of shares any individual can hold is 1000 shares.
3. You can apply for membership by filling up the form in the following link: <https://form.jotform.com/222273219382353> Or by passing by SerVivo (please make an appointment with us before).
4. After receiving your application, we will get back to you and inform you on how to make the money transfer.
5. As soon as we see your transfer in our bank account, we will send you the certificate proving your shareholding and membership.

Termination of membership

1. Membership can only be ended after a period of 12 months.
2. We will pay back the shares you bought. This will take maximum up till 12 months.

The Benefits

What are the benefits of becoming a member?

- Each member is entitled to one vote at the Annual General Assembly meetings, regardless of the number of shares held. The meetings happen twice a year in December and March. Here you can decide on important questions like reinvestments, discharge the board, elect the board and give ideas about SerVivo's future.
- For every twenty shares you buy, we offer a free night in SerVivo for 2 people, including breakfast.
- When organizing an event in SerVivo, we will support you by promoting your event on our website, newsletter and social media channels, and by holding space during your event. As member the contribution for renting the space is 17% less, since we don't need to pay taxes. (Note: We have limited availability for events and offerings need to be aligned with our vision and mission.)
- Our shares are what are technically known as 'withdrawable shares'. Dividends are not paid, but the Board of Directors could decide to pay interest on the share value in the future. No interest is currently paid; all of the profits from your investment is going back into the development of SerVivo for the benefit of the wider community.

Our Activities & Goals

We reach our vision and mission by:

Arts and somatic practices

- Facilitating workshops, events & retreats around dance, somatic practices, arts, ceremonies & celebrations, handicrafts and therapeutic practices.
- Offering and sharing a wide range of treatments: manual, psychosomatic, energetic, spiritual and holistic treatments.
- Being a center of learning that provides education on body awareness, physical health, fine and performing arts.
- Providing education on social and environmental systems that support a regenerative culture.
- Offering artists a temporary residency.

Nature

- Beautifying the landscape of the propriety while respecting the ecosystem.
- Growing a part of our trees and veggies in an organic way, while learning about regenerative agriculture.



Community

- Building an inspiring, financially sustainable, resilient and emotionally supportive community that provides individual and group empowerment as the foundation for deep connections, which nurtures personal growth, interpersonal understanding, and mutual trust.
- Sharing and hosting visitors and volunteers for a communal life experience.

Governance

- Governing the project in a way that is transparent, participatory and calls upon the wisdom of the group.
- Currently our main model is Sociocracy.

Cooperative

- Managing an efficient, accountable, financially sustainable cooperative supported by its members.

Network

- Building a network for mutual support that exchanges wisdom and knowledge, in order to evolve as a collective, beyond the borders of the property.
- Creating social projects for the local community by spreading art, culture and therapeutic services.

Sustainability

- Improving the facility into an environmentally friendly place, and making it more comfortable and functional.

Our Values

Compassion

We are kind with ourselves and others, taking responsibility to alleviate from suffering, helping each other and healing our wounds with gentleness.

Human Development

We commit ourselves to the expansion of human consciousness, including our own. We recognize and change any of our personal attitudes or behavior patterns which do not serve this aim. We own our responsibility for the spiritual, environmental and human effects of all our actions.

Service & Care

We commit ourselves to serve others, our planet and its inhabitants with care and beauty. Recognizing that we must also serve ourselves in order to practice this effectively.

Playfulness

In our daily life we bring joy and lightness.

Gratitude

We make it a conscious habit to express thankfulness and appreciation for all that sustains us.



Our Values

Respect & Freedom

We respect the unique path of each person (their different views, backgrounds and issues), viewing it as sacred and an aspect of the divine.

Trust & Vulnerability

We practice trust and create an environment where people can feel safe to be vulnerable. We believe this is the foundation for people to live their highest potential.

(Self-) Awareness

We commit to expand (self-)awareness and act with personal integrity, embodying congruence of thought, word and action.

Communication

We commit to communicate honestly, clearly and straightforward with open-listening, heart-felt responses and loving acceptance. We'll not speak in a way that maligns or demeans others. We talk to people rather than about them. We may seek helpful advice, but will not seek to collude.

Resilience

We welcome change and are open to adapt and learn.

Team

Margarida Batista (1968) is one of the founders of SerVivo and the president of the general assembly of our cooperative. She was born in Portugal. At the age of twenty she decided to go to London and continue her studies there. She studied Materials and Science Engineering at Imperial College of Science and Medicine of London. She worked as an engineer in Portugal for the Institute of Welding and Quality and worked there within several research projects.

After 3 years working in the research department for welding, Margarida got very interested in a program for the enhancement of the human potential that the institute was representing within the training department. She then pursued this interest by attending several training retreats in Israel and Holland. She became the coordinator for the application of the program within the training courses that the welding institute offered. After those years as an engineer and professional trainer, life took her into a more creative and humanitarian path.

In the year 2001 she and her ex-husband created SerVivo Association, to bring about the creation of spaces for the enhancement of the human potential through arts and human development. Margarida is mother of 3 daughters.

Marjorie Slooff (1961) has been a physio and manual therapist for 35 years. During that time she had her own enterprise for 12 years in the 1st line healthcare. The rest of the years she worked with different practices in physio and manual therapy. She also obtained a bachelor in fine arts and worked for 12 years as an art teacher, mainly for adults. She participated in several art projects and continues to share her work in exhibitions.

Now she has found a wonderful way of including both professions in her life. At SerVivo she is responsible for the finances, the art studio and the garden. Marjorie is a mother of 4 children.

Yentl Tsemah (1987) is the vice-president of the general assembly. In SerVivo she is responsible for the event management and production, house keeping management, offers treatments & is a chef for retreats.

Yentl has lived outside of her home country, the Netherlands, since her 18th and travelled extensively between Europe and Asia. Since October 2018 she is based in Portugal. She is passionate about plant-based nutrition (from seed to plate), social and human development through arts, and compassion practices.

Besides she holds a Bachelor in Communication, has over 15 years of experience in hospitality and event organization and worked for a NGO advocating for plant-based diet. Also is she Certified in Hatha Yoga, Zen Shiatsu and has experience with different (active) meditation modalities, such as Vipassana and Osho meditations.

Bastian Fenske (1978) has a background as software engineer and consultant with over 20 years of experience in development departments in several industries, like the finance or building industry. He was 10 years CEO of the Tueena KG in Austria. He was many years responsible for the finances (and later president) for a local boy scout association in Germany and STEP e.V. an association for social therapy and outdoor pedagogy.

In SerVivo he is responsible for the coordination of the volunteers, he facilitates the sociocratic governance model and the general circle meetings. He maintains the policies of the different working groups. Beside his love, passion and care for clarity in organizational structures and processes he facilitates workshops and retreats in personal development. He made trainings in dance and expression therapy, in biodynamic breathwork and trauma release and in possibility management. Bastian is father of 3 sons.

Jo Bruhn (1974) is the CEO of our cooperative.

He has a diploma in Energy and Process Engineering. Later on in his life he attended an education in circus pedagogy as well as a education at the „Academy for Mime“ for performing arts.

For fifteen years he was part of the ensemble „mosaique – Arts of fire and artistry“ working internationally as a fire artist, stilt walker and aerial artist. He was as well part of several theater- and opera-productions. He was co-organizer of the festival „Feuerkunst Berlin“ for developing and exploring fire shows with 40 fire artists.

He is educated in „New Dance“, and after studied intensively Contact Improvisation dance with Nancy Stark Smith, Jörg Hassmann and many others. He attended the education of Contemporary dance “Dance intensive” at Tanzfabrik Berlin. Now he is teaching (mainly in Europe) Contact Improvisation in workshops, classes and festivals.



Margarida



Bastian



Marjorie



Yentl



Jo

Governance

In 2020, three of the current core-team members followed a course in Sociocracy. We were excited, because Sociocracy is a governance model, where on the one hand everybody has a voice. And on the other hand it is highly efficient and pragmatic. We started to gradually implement the tools of this model and now it has become our main method for decision-making and governance.

We are committed to the use of this model, because it is in line with our work ethics and through it we bring our values into practice. Sociocracy is a governance model based on the insistence that everyone has the opportunity to be heard and that processes are transparent. When all members' needs and concerns are heard and taken into account, and decisions are made in a way that is truly collaborative, there is high acceptance of and willingness to actively support and participate in the community endeavors. This also generally ensures high quality, creative decisions, as the wisdom of the group is merged. Solutions do not depend on just one or two leaders 'getting it right'.

The pattern of Sociocracy is more like a flower than a pyramid with inter-connected circles passing information and feedback between different areas of responsibility – from the 'event management' to the 'financial administration', from the 'guest management' to the 'external communication' group; all working inter-linked.

Governance

How do we use Sociocracy?

- We organize ourselves in working groups divided by themes.
- We generally meet in a circle, to represent that we all have a valid contribution to make.
- For each meeting / circle we appoint a facilitator, whose job it is to maintain the integrity of the process.
- We use an 'election process' for appointing the current suitable person to fulfill a job.
- We hear one another in rounds, and give each other the opportunity to question, clarify and object to a proposal.
- We reach 'consent' around ideas that support our agreed overall vision, rather than our individual preference.
- We welcome creative and constructive input.
- We see considered objections as opportunities to broaden our awareness, to refine a suggestion and add ideas that otherwise may not have emerged.
- The solutions we seek are 'Good Enough for Now' and 'Safe Enough Try'.

Supportive Circle

Primarily there is the core-team, a group of 5 dedicated people, that function as project managers. They live on the premises of SerVivo. Daily they are supported by a fluctuating group of volunteers, whom usually stay 1-3 months. The volunteers make it possible to make the place as beautiful as it is, maintain the space, build, help with space holding, have a flourishing garden, and many others. We are grateful for the unique presence, endeavors and knowledge each of these people bring.

A strong pillar for SerVivo is the loyal external community that love the place and what happens here. This circle consists of an established group of facilitators that have been organizing events and gatherings here since the passed 4 years. Further there are ex-co-livers and -volunteers, and many guests and participants. Support is received internationally and people from the local and international community are benefitting from the existence of this project. Time and time again the feedback is that of transformation, nourishment and inspiration by meeting SerVivo.

Financially it thrives on incomes from organizing events and retreats, renting the space and guests. And as a result of the loyal community, substantial financial donations have been received.



Numbers

Current Loans:

1st Loan: €50.000

Payback target date: August 2022

2nd Loan: €25.000

Payback target date: April 2023

3rd Loan: €75.000

Payback target date: April 2024



We hope that this document has given you enough insights
and trust to invest in SerVivo!



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